

METHODOLOGICAL MANUAL

How to Teach Green Topics Effectively



Co-funded by
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Impressum

Project Title: Raising Awareness for a Greener Tomorrow

Programme: Erasmus+ KA210 in the field of Adult Education

Project Reference Code: 2023-1-HR01-KA210-ADU-000155794

Project Coordinator: GKP ČAKOM (Croatia)

Project Partners: Pučko otvoreno učilište Čakovec (Croatia), Ljudska univerza Lendava (Slovenia), University For Lifelong Learning Vanco Prke (North Macedonia)

Project Website: ragt.cakom.hr

Publication Title: Methodological Manual. How to Teach Green Topics Effectively.

Summary: The aim of this methodological manual is to provide adult educators with a comprehensive methodology for learning about waste management, environmental protection and the health risks associated with waste. It is also intended for local communities and stakeholders in the waste management and environmental conservation sector.



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Note: Findings and data presented in this manual are more pertaining and relevant to the objectives of the RAGT project. We encourage you to learn more about the topics presented by clicking the link icons in the text or doing your own additional research.

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The Raising Awareness for a Greener Tomorrow (RAGT) is an Erasmus+ small-scale partnership project in the field of adult education that aims to improve the competencies of educators and adult education staff, create learning opportunities for adult learners, foster collaboration and knowledge-sharing on green topics, raise awareness and promote sustainable practices, and develop innovative educational resources. The project will develop a methodological manual for educators, a curriculum for adult learners, and a digital educational-informative tool for sorting waste. The project's primary target groups are educators and adult education staff, as well as adult learners, while the secondary target groups include local communities, stakeholders in the waste management and environmental sectors, partner institutions and their staff, and other adult education institutions and educators.

Partner consortium



GKP ČAKOM (Croatia)

GKP ČAKOM is a public service company based in Čakovec whose main focus is on waste management. The organization's main activities include efficient waste collection, disposal, and treatment, emphasizing ecological sustainability. ČAKOM conducts educational campaigns to raise public awareness about proper waste handling and environmental conservation, contributing significantly to the region's ecological well-being.

WEBSITE



Pučko Otvoreno Učilište Čakovec (Croatia)

POU Čakovec is renowned for providing a wide range of educational programs in adult education. It offers both formal and informal learning opportunities, targeting diverse audience groups, including vulnerable populations. The institution has a strong commitment to inclusive education and has actively participated in several EU projects, particularly those focusing on environmental issues and sustainability.

WEBSITE FACEBOOK INSTAGRAM



Ljudska Univerza Lendava (Slovenia)

Specialized in adult education, LU Lendava provides an extensive range of learning opportunities. Their programs cover a wide spectrum of subjects, accommodating the needs of a diverse adult learner base. The organization is involved in various national and international projects, emphasizing innovative learning methodologies and cross-cultural educational collaborations.

WEBSITE FACEBOOK



University for Lifelong Learning Vanco Prke (North Macedonia)

The university is dedicated to adult education, focusing on non-formal education and lifelong learning. Their curriculum includes a variety of programs related to environmental education, such as eco-standards, waste management, and renewable energy, including solar system installation. The organization aims to equip learners with practical skills and knowledge pertinent to contemporary environmental challenges.

WEBSITE FACEBOOK

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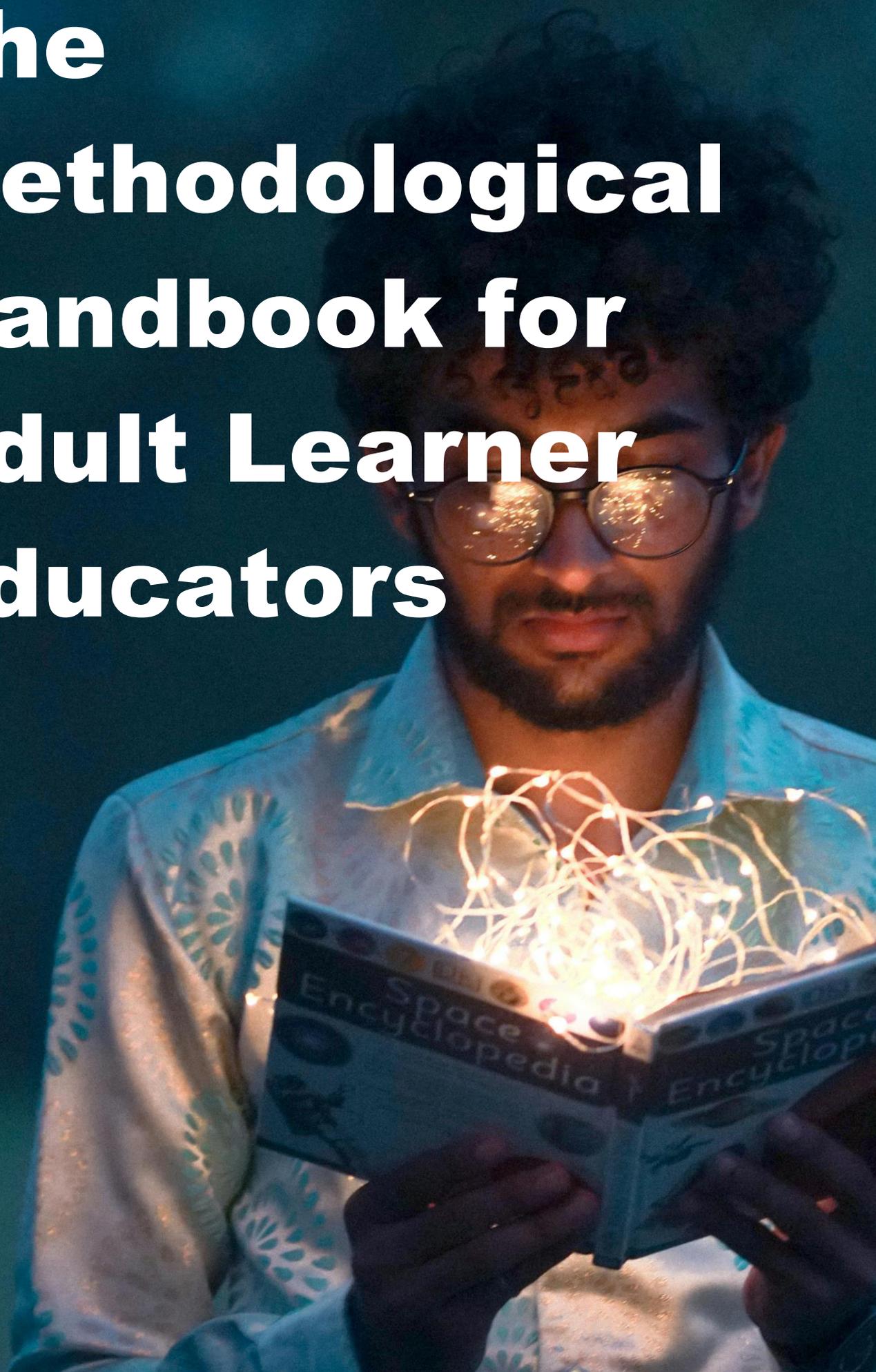
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**Today, someone is sitting in
the shade because someone
else planted a tree a long
time ago.**

Warren Buffett

Cover photo by Kaushal Moradiya, available at <https://www.pexels.com/photo/man-holding-book-2761199/>.

The Methodological Handbook for Adult Learner Educators



1. Introduction

The format of this manual is specifically chosen to meet the unique needs of adult educators and learners in the field of environmental education. By prioritizing practicality, flexibility, engagement, accessibility, and continuous improvement, the manual serves as a more effective and user-friendly resource than traditional books or regular manuals. This approach ensures that educators are well-equipped to inspire and empower their learners to adopt sustainable practices and contribute to environmental protection.

1.1 Objectives of waste management education

Education plays a crucial role in promoting sustainable development by fostering awareness and encouraging responsible waste management practices. By understanding the environmental and health impacts of improper waste disposal, individuals can make informed choices that contribute to a healthier planet.

Sustainable waste management involves minimizing waste at its source through practices like reducing packaging, reusing items, and recycling. Recycling programs that separate waste into categories such as plastics, glass, paper, and metals divert materials from landfills and create new products.

Raising awareness about the health risks associated with improper waste management is essential. Pollution caused by landfills and improper disposal can lead to diseases, respiratory problems, and heavy metal poisoning. Promoting preventive measures such as separate waste collection, composting, and reducing hazardous substance use can mitigate these risks.

1.2 The importance of adult learning

Adults significantly influence the behavior of children and teenagers. By demonstrating sustainable waste management practices in their own households and communities, they can inspire younger generations to adopt

these habits. Adults also possess valuable life experience and knowledge that can be shared with others.

Education is a powerful tool for behavioral change. Adult education plays a pivotal role in raising public awareness about environmental issues and catalyzing sustainable practices. By expanding their knowledge of waste management, individuals are more likely to adopt environmentally friendly behaviors. Establishing training programs within formal and non-formal educational contexts is essential for promoting awareness and fostering engagement. Interactive learning methodologies, such as workshops, games, and projects, can encourage active participation. Collaboration with local authorities, NGOs, and businesses can support and disseminate educational programs.

Digital platforms, apps, and online tools can facilitate the dissemination of information and raise awareness about waste management. Technology can also be used to monitor and evaluate the performance of educational programs, enabling necessary adjustments.

Practical Steps for Sustainable Waste Management

- Home Separation System: Establish a system with suitable containers for various waste types (paper, plastic, glass, organic waste).
- Composting: Set up and maintain a composter to transform organic waste into valuable fertilizer.
- Recycling and Upcycling: Organize workshops that focus on recycling and upcycling waste materials into new products.
- Educational Resources: Develop comprehensive manuals, guides, online resources, and networks to support educators and learners.

2. Educational principles

To achieve excellence in environmental education and education for sustainable development, we adhere to the following principles:

1. **Active Participation:** Engage all participants in the learning process to foster commitment and engagement.
2. **Informed Action:** Motivate participants to make informed decisions and take actions that address sustainability challenges.
3. **Community Collaboration:** Encourage collaboration among participants and the wider community to find solutions.
4. **Critical Thinking:** Support participants in developing critical thinking skills and an openness to change.
5. **Social Awareness:** Promote understanding of social practices relevant to sustainability issues.
6. **Shared Experiences:** Encourage participants to share their successes, failures, and values for mutual learning and support.
7. **Innovation:** Promote continuous research, testing of new approaches, and sharing of innovative solutions.
8. **Continuous Improvement:** Emphasize regular monitoring and evaluation to ensure program effectiveness and sustainability.

3. Teaching methodology and didactic approaches

When teaching about waste management, it's crucial to employ a variety of didactic approaches that foster comprehensive understanding and active participation among learners. The most effective methods include interactive workshops, project-based learning, and the integration of digital learning tools.

Interactive workshops are particularly valuable as they allow learners to gain practical experience and deepen their knowledge through active participation. For instance, in a recycling workshop, participants bring different types of waste from their homes and learn how to properly separate it into appropriate containers. This hands-on exercise involves identifying various materials such as plastic, paper, glass, and metals, and sorting them correctly. Similarly, a composting workshop might demonstrate how to set up a composter, where participants add biological waste like food scraps and garden waste, learning about the decomposition process and the importance of proper composting to reduce landfill waste. Workshops on reusing materials can also be highly engaging, where participants create new useful objects from waste materials, such as bags from old clothes or decorative items from plastic bottles.

Discussions play a vital role in these workshops. Participants can discuss local waste management practices, share good practices, and suggest improvements. Group discussions on the challenges faced when separating waste at home and finding common solutions can also be very enlightening. Practical examples, such as success stories from different communities or businesses with effective waste management systems, can inspire participants to introduce similar practices in their own environments.

Project-based learning is another effective approach, encouraging learners to develop their own projects on waste management. This might include planning and setting up school gardens using compost from bio-waste as fertilizer, organizing local clean-up campaigns, or implementing campaigns to reduce the use of single-use plastics in local shops, schools, and businesses. During the implementation phase, participants collect necessary resources, work with local authorities, businesses, and residents, and monitor the progress of their projects. They then evaluate the performance of their projects against set objectives, identify achievements, and determine areas for improvement.

Public presentations of these projects can help share results with the wider community, showcasing the impact and encouraging broader participation.

Integrating digital forms of learning provides access to information and interactive content, fostering collaboration and communication among learners. Online platforms like Moodle or Google Classroom can be used to access learning materials, participate in forums, and submit assignments. Online workshops via platforms such as Zoom or Microsoft Teams allow participants to engage in real-time interactive exercises and discussions. Interactive content, such as video lectures on waste management concepts, can be accessed anytime, anywhere, allowing learners to study at their own pace. Online quizzes and games, using tools like Kahoot or Mentimeter, can test knowledge and promote learning through fun and educational activities.

Digital tools for collaboration, such as Google Docs, Trello, or Slack, facilitate teamwork and project coordination, enabling participants to share documents, track tasks, and communicate in real time. Social networks can also be leveraged to promote projects, share results, and encourage public participation in sustainable practices.

Using a mix of these didactic approaches, teaching methods, and digital learning tools is key to effective waste education. Interactive workshops and project-based learning provide hands-on experience and active participation, while digital tools and content increase the accessibility of information and encourage interaction.

4. Lesson planning

Lesson planning for sustainable waste management involves a detailed approach that combines theory and practice and encourages active participation, critical thinking and sustainable action. The following is a detailed explanation of lesson planning based on the educational principles and methods presented.

4.1. Inception phase

4.1.1 Objectives and purpose

- ❖ **Presentation of objectives:** at the beginning of the lesson, it is important to clearly present the objectives of the training. The teacher should explain why sustainable waste management is essential for environmental protection and human health. The objectives include reducing waste, increasing recycling and raising awareness of sustainable practices.
- ❖ **The importance of the theme:** highlighting the relevance of the theme to individuals and communities and its impact on the global environment.

4.1.2 Introductory activity

- ❖ **Quiz or questionnaire:** a short quiz or questionnaire assessing participants' initial knowledge of waste management. This activity also serves as an introduction to the topic and stimulates the interest of the participants.
- ❖ **Discussion:** participants share their expectations and experiences with waste management, which helps to create a link between their daily lives and the topic of the lesson.

4.2 Practical workshops

4.2.1 Composting at home

a. Demonstrating how to set up a composter

- ❖ **Site selection:** the teacher guides the participants through the process of selecting a suitable location for the composter, taking into account factors such as accessibility, drainage and protection from the weather.

- ❖ **Types of composters:** Introduction to the different types of composters (home-made, purchased, garden composters). Discussion of the advantages and disadvantages of each type, including costs and maintenance requirements.
- ❖ **Compostable materials:** list of materials that are compostable (e.g. food scraps, leaves, grass) and those that are not (e.g. meat, dairy products). Explains why some materials are not suitable.

b. Practical exercises for composter maintenance

- ❖ **Stacking layers:** participants learn how to stack layers of brown (carbon) and green (nitrogen) materials correctly. Practical exercises include the actual stacking of the compost.
- ❖ **Mixing and turning:** demonstration of techniques for regular mixing and turning of compost. Participants practise these techniques to understand how to speed up the decomposition process and prevent unpleasant odours.
- ❖ **Humidity and ventilation:** learning how to maintain the correct humidity and ventilation of the composter. Participants measure humidity and learn to adjust humidity by adding dry or moist material.

c. Proper composting of different types of organic waste

- ❖ **Kitchen waste:** how to compost vegetable and fruit scraps, coffee grounds, egg shells and other kitchen waste. Discussion on the correct ratio between brown and green materials.
- ❖ **Garden waste:** learning how to compost grass, leaves, plant trimmings and other garden waste. A practical workshop where participants bring in samples of garden waste and add them to the composter.
- ❖ **Problematic waste:** discussion on how to deal with difficult-to-compost waste (e.g. weeds, diseased plants). Participants learn how to process or safely dispose of this waste.

4.2.2 Recycling

a. Practical exercises for proper waste separation

- ❖ **Identification of materials:** participants learn to identify different types of materials (plastic, paper, glass, metals) and their properties that affect recycling. Practical exercises include material identification through visual and tactile tests.
- ❖ **Collection and sorting:** practical exercises on how to separate waste into appropriate containers. Participants bring in different types of waste and sort them under the supervision of the teacher.

b. Demonstration of recycling processes

- ❖ **Materials processing:** demonstration of the processes used to process different materials in recycling plants. Participants learn how waste is processed into new raw materials. Watch videos or visit a recycling plant.
- ❖ **Use of recycled materials:** presentation of examples of products made from recycled materials (paper, plastics, glass, metals). Discussion on the importance of using recycled products to reduce the consumption of natural resources.

c. Raising awareness of the importance of recycling

- ❖ **Ecological impact:** presenting data on the greenhouse gas emission reductions, energy savings and conservation of natural resources that recycling brings. Participants prepare posters or presentations on this topic.
- ❖ **Economic aspects:** Discuss the economic benefits of recycling, including job creation and the promotion of a sustainable economy. Participants prepare cost-benefit analyses of recycling.

4.3 Project-based learning

a. Project planning

- ❖ **School gardens:** participants design school gardens using compost. Practical activities include plant selection, planting design, soil preparation and composter set-up.

- ❖ **Local clean-up campaigns:** organising clean-up campaigns in communities. Participants plan and promote the event, recruit volunteers and organise logistics.
- ❖ **Plastic reduction campaigns:** planning campaigns to reduce the use of plastics. Participants design promotional materials, conduct surveys and organise awareness-raising workshops.

b. Project implementation

- ❖ **Resource mobilisation:** obtaining the necessary resources for projects. Participants learn about funding, donations and sponsorships, and sourcing materials.
- ❖ **Community involvement:** Involving local authorities, businesses and residents. Participants organise meetings, presentations and workshops to involve the community.
- ❖ **Progress monitoring:** recording the progress of projects. Participants keep logs, prepare reports and regularly evaluate the results achieved.

c. Evaluation and presentation

- ❖ **Performance evaluation:** evaluation of the objectives achieved. Participants prepare evaluation forms, analyse data and prepare final reports.
- ❖ **Public presentations:** presentations of projects to the general public. Participants organise events to present their achievements and the impact of their projects. Use of multimedia presentations, posters and practical demonstrations.

4.4 Integrating digital forms of learning

a. Online platforms

- ❖ **E-classrooms:** use online platforms such as Moodle or Google Classroom to access learning materials, participate in forums and submit assignments. The teacher regularly updates the content and communicates with the learners via the platform.
- ❖ **Online workshops:** interactive online workshops via videoconferencing platforms such as Zoom or Microsoft Teams. Participants participate in real time, ask questions and engage in discussions.

b. Interactive tools

- ❖ **Simulations and games:** Incorporate interactive simulations or educational games related to sustainable waste management. Participants can engage in virtual waste separation, composting simulations, or environmental impact scenarios. These tools promote a hands-on, engaging learning experience and help solidify theoretical knowledge through practice.
- ❖ **Quizzes and polls:** Use digital tools such as Kahoot, Mentimeter, or Google Forms for quizzes and polls during lessons. These tools provide immediate feedback, encourage interaction, and allow the teacher to gauge participants' understanding in real time.
- ❖ **Virtual tours:** Organize virtual tours of recycling plants, composting facilities, or sustainable waste management centers. These tours can be pre-recorded or conducted live, offering participants an immersive experience in the processes they are learning about, without the need for physical visits.

5. Adapting lessons for different learners

Adapting lessons for adult learners is key to achieving learning objectives and ensuring an effective educational process. Adult learners come with different backgrounds, experiences, knowledge and learning styles, so it is important to take their specificities into account when planning and delivering lessons. The following are methods and approaches for adapting lessons to different adult learners.

5.1 Initial analysis of participants

5.1.1 Needs assessment

- ❖ **Questionnaires and interviews:** Before the start of the training programme, we conduct questionnaires and/or interviews with the participants to obtain information about their background, expectations, learning objectives and any specific needs they may have.
- ❖ **Self-evaluation:** we give participants the opportunity to self-assess their knowledge and skills and identify areas where they need more help or additional information.

5.1.2 Determining learning styles

- ❖ **VARK model:** using the VARK questionnaire (visual, auditory, reading-writing, kinesthetic learning styles) to determine which learning style best suits each participant.
- ❖ **Multiple Intelligence:** adherence to the theory of multiple intelligence (Howard Gardner), which recognises different types of intelligence such as logical-mathematical, linguistic, spatial, musical, bodily-kinaesthetic, interpersonal and intrapersonal.

5.2 Adapting teaching methods

5.2.1 Different teaching methods

- ❖ **Multimedia presentations:** using videos, graphics, diagrams and other visual aids for visual learners.
- ❖ **Discussions and debates:** encouraging aural learners through oral discussions, listening and exchanging opinions.
- ❖ **Practical exercises and workshops:** it is important for kinesthetic learners to include practical activities where they can physically participate and experiment.

- ❖ **Reading and writing:** using writing materials, assignments and essays for students who learn best through reading and writing.

5.2.2 Personalised learning

- ❖ **Mentoring and individual counselling:** assignment of mentors to provide support and guidance according to the specific needs of individual pupils.
- ❖ **Flexible learning plans:** allowing students to choose the pace and order of their learning, especially important for those who may be working or have other commitments.

5.3 Creating an inclusive learning environment

5.3.1 Participation and involvement

- ❖ **Encouraging active participation:** using methods such as keeping journals, reflective essays and participating in projects to get students actively involved in the learning process.
- ❖ **Group work:** organising group projects and workshops where students can work together, share experiences and learn from each other.

5.3.2 Support and motivation

- ❖ **Positive environment:** creating a supportive and encouraging environment where students feel safe to share their ideas and experiences.
- ❖ **Regular feedback:** providing regular feedback that is constructive and motivational, so that students know where they are making progress and where they can improve their knowledge and skills.

5.4 Use of technology and digital tools

5.4.1 Online platforms

- ❖ **E-classrooms:** use online classrooms such as Moodle, Blackboard or Google Classroom to access materials, assignments and discussion forums.
- ❖ **Interactive online workshops:** use videoconferencing tools such as Zoom or Microsoft Teams to run interactive workshops and meetings in real time.

5.4.2 Digital tools

- ❖ **Collaboration platforms:** use tools such as Google Docs, Trello or Slack for teamwork and communication.
- ❖ **Online resources and apps:** Recommend online resources, apps and tools for self-learning and deepening knowledge, such as Khan Academy, Coursera, Duolingo, etc.

5.5 Continuous monitoring and adaptation

5.5.1 Regular monitoring of progress

- ❖ **Evaluation forms:** regular collection of feedback through evaluation forms, surveys and questionnaires.
- ❖ **Analysing results:** analysing pupils' achievements and progress and adapting the curriculum according to results and feedback.

5.5.2 Adapting the curriculum

- ❖ **Flexibility:** adapting content and teaching methods to the needs and progress of the students.
- ❖ **Personalised plans:** developing individualised learning plans for students who need extra support or have specific goals.

6. Use of technology

Using technology to educate adult learners on sustainable waste management
The use of technology in adult learner education enables innovative and interactive approaches that improve the quality of teaching and learning. The following are ways in which technology can support adult learner educators in addressing the topic of sustainable waste management.

6.1 Online platforms for learning and teaching

6.1.1 E-classrooms

- ❖ **Moodle, Blackboard, Google Classroom:** these platforms allow educators to create and manage online classrooms where they can share learning materials, assignments and resources. They also allow communication between educators and learners through forums, chat rooms and messaging.
- ❖ **Curriculum management:** educators can use these platforms to organise their curriculum, track learners' progress and evaluate their achievements.

6.1.2 Online workshops and webinars

- ❖ **Zoom, Microsoft Teams, Webex:** These platforms allow you to organise interactive online workshops where trainers can present live content, facilitate discussions and conduct practical exercises.
- ❖ **Session recordings:** online workshops can be recorded, allowing participants to watch them later or replay certain parts.

6.2 Interactive content and tools

6.2.1 Multimedia presentations

- ❖ **Prezi, PowerPoint, Canva, other:** educators can create engaging and interactive presentations that include videos, images, animations and interactive elements to explain the concepts of sustainable waste management.
- ❖ **Participant involvement:** participants can take part in the presentations through questions, quizzes and other interactive activities.

6.2.2 Online quizzes and games

- ❖ **Kahoot!, Quizizz, Mentimeter, others:** these platforms allow you to create online quizzes and games that help test participants' knowledge and motivate them to participate actively.

- ❖ **Real-time feedback:** trainers can get immediate feedback on participants' knowledge and adjust their teaching methods.

6.3 Collaborative tools and platforms

6.3.1 Digital tools for collaboration

- ❖ **Google Docs, Trello, Slack:** These tools allow trainers and participants to collaborate on projects, share documents and information, and communicate in real time.
- ❖ **Remote group work:** allows participants physically located in different locations to work together, promoting collaboration and knowledge sharing.

6.3.2 Social networks and online communities

- ❖ **Facebook Groups, LinkedIn, Twitter:** educators can use social networks to create groups and communities where they can share information, resources and experiences.
- ❖ **Connecting with the global community:** participants can engage in global discussions on sustainable waste management and gain insights from different cultural and geographical contexts.

6.4 Use of advanced technologies

6.4.1 Virtual reality (VR) and augmented reality (AR)

- ❖ **Hands-on learning in simulated environments:** VR and AR technologies allow for the simulation of real-life situations, such as the recycling process or waste management in landfills, allowing participants to gain hands-on experience in a safe and controlled environment.
- ❖ **Deep Learning:** these technologies allow for more in-depth and interactive learning, increasing engagement and understanding of participants.

6.4.2 Artificial Intelligence (AI)

- ❖ **Personalised learning:** AI can analyse data on participants' learning progress and suggest personalised learning paths to suit their needs and learning style.
- ❖ **Chatbot assistants:** use chatbots to answer participants' questions, provide additional information and support learning.

6.5 Monitoring and evaluation

6.5.1 Use of analytical tools

- ❖ **Learning analytics:** platforms such as Moodle and Blackboard offer analytical tools to track learners' progress, analyse their participation and achievements, and identify areas where they need extra help.
- ❖ **Adapting lessons on the fly:** based on analytical data, trainers can adapt teaching methods and content to better meet the needs of learners.

6.5.2 Feedback

- ❖ **Digital surveys and questionnaires:** online surveys and questionnaires to collect feedback from participants on the quality of the lessons, teaching materials and teaching methods.
- ❖ **Regular monitoring and adaptation:** based on feedback, educators regularly adapt and improve lessons to ensure effective and satisfactory learning.

7. Resources and materials

7.1 Online platforms for learning and teaching

7.1.1 E-classrooms

- ❖ **Moodle:** Moodle User Guide [[🔗](#)]
- ❖ **Google Classroom:** help and support for Google Classroom [[🔗](#)]

7.1.2 Online workshops and webinars

- ❖ **Zoom:** Zoom Video Tutorials [[🔗](#)]
- ❖ **Microsoft Teams:** Microsoft Teams Video Training [[🔗](#)]

7.2 Interactive content and tools

7.2.1 Multimedia presentations

- ❖ **Prezi Support:** support and guides for using Prezi to create interactive presentations. [[🔗](#)]
- ❖ **Canva Design School:** guides and courses on using Canva for visual content design. [[🔗](#)]
- ❖ **Kahoot! Academy:** resources and guides for creating interactive quizzes and games. [[🔗](#)]

7.2.2 Online quizzes and games

- ❖ **Kahoot!:** How to Kahoot! [[🔗](#)]
- ❖ **Mentimeter:** Mentimeter User Guide [[🔗](#)]

7.3 Collaborative tools and platforms

7.3.1 Digital tools for collaboration

- ❖ **Google Docs:** Google Docs Help [[🔗](#)]
- ❖ **Trello:** Trello Guide [[🔗](#)]
- ❖ **Slack:** Slack Help Center [[🔗](#)]

7.3.2 Social networks and online communities

- ❖ **Facebook Groups:** Facebook Groups Help [[🔗](#)]
- ❖ **LinkedIn:** LinkedIn Learning [[🔗](#)]

7.4 Use of advanced technologies

7.4.1 Virtual reality (VR) and augmented reality (AR)

- ❖ **Google Expeditions:** Google Expeditions Guide [[🔗](#)]
- ❖ **Unity for VR and AR:** Unity Learn [[🔗](#)]

7.4.2 Artificial Intelligence (AI)

- ❖ **IBM Watson:** IBM Watson Documentation [[🔗](#)]
- ❖ **Chatbots:** Chatbot Guide [[🔗](#)]

7.5 Monitoring and evaluation

- ❖ **Moodle Analytics:** Moodle Analytics Documentation [[🔗](#)]
- ❖ **Google Analytics:** Google Analytics Academy [[🔗](#)]
- ❖ **SurveyMonkey:** SurveyMonkey Guide [[🔗](#)]
- ❖ **Google Forms:** Google Forms Help [[🔗](#)]

7.6 General resources on waste management and sustainable development

- ❖ **European Environment Agency (EEA):** Information on waste management and sustainable development in Europe [[🔗](#)]
- ❖ **Zero Waste Europe:** an organisation that promotes strategies to reduce waste and live sustainably [[🔗](#)]
- ❖ **United Nations Environment Programme (UNEP):** Global Guidelines and Strategies for Sustainable Development. [[🔗](#)]

7.7 Educational approaches and methods for adults

- ❖ **Malcolm Knowles - The Adult Learner:** a seminal work on the theory and practice of adult learning [[🔗](#)]
- ❖ **Brookfield, S. D. (2013). Powerful Techniques for Teaching Adults:** a book offering a variety of techniques and approaches for teaching adults. [[🔗](#)]

7.8 Online platforms for learning and teaching

- ❖ **Moodle Documentation:** the official documentation for Moodle, the online learning platform [[🔗](#)]
- ❖ **Google Classroom Help:** official help and instructions for using Google Classroom [[🔗](#)]
- ❖ **Zoom Video Tutorials:** official video tutorials on how to use Zoom for online workshops and meetings [[🔗](#)]
- ❖ **Google Expeditions:** a guide to using Google Expeditions for virtual tours. Google Expeditions Guide [[🔗](#)]
- ❖ **Unity Learn:** learning resources for using Unity to create VR and AR experiences. Unity Learn [[🔗](#)]
- ❖ **IBM Watson Documentation:** documentation for IBM Watson, the artificial intelligence tool. IBM Watson Documentation [[🔗](#)]

7.9 Collaborative tools and platforms

- ❖ **Google Docs Help:** the official help for Google Docs, the collaboration and document tool [[🔗](#)]
- ❖ **Trello Guide:** the official guides to using Trello for project management [[🔗](#)]
- ❖ **Slack Help Center:** the official Slack support, communication and collaboration tool [[🔗](#)]

7.10 Resources on waste management in Slovenia, Croatia and North Macedonia

a. Slovenia

- ❖ **Ministry of the Environment and Spatial Planning of the Republic of Slovenia:** official website of the Ministry of the Natural Resources and Spatial Planning, including documents and reports on waste management [[🔗](#)]
- ❖ **Statistical Office of the Republic of Slovenia (SURS):** website containing detailed statistical data on waste management in Slovenia [[🔗](#)]
- ❖ **Ecologists Without Borders:** a Slovenian NGO working to educate and raise awareness about waste management [[🔗](#)]

- ❖ Ecologists without borders. Zero Waste Slovenia. [[🔗](#)]
- ❖ Snaga Ljubljana. Let's separate waste. [[🔗](#)]
- ❖ Eco-school. EcoSchool Programme. [[🔗](#)]
- ❖ Circular Change. [[🔗](#)]
- ❖ Let's clean up Slovenia. [[🔗](#)]

b. Croatia

- ❖ Ministarstvo gospodarstva i održivog razv: Official website of the Croatian Ministry of Economy and Development, including documents and strategies for waste management. [[🔗](#)]
- ❖ Green Clean: a national clean-up and awareness-raising campaign on the importance of good waste management. [[🔗](#)]
- ❖ National Institute of Statistics (DZS): the Croatian statistical office that provides data on waste management. [[🔗](#)]

c. North Macedonia

- ❖ Министерство за животна средина и простorno planiranje (MZSPP): Official website of the North Macedonian Ministry, containing information on legislation and strategies for waste management. [[🔗](#)]
- ❖ Еко-свест: North Macedonian NGO working on environmental projects and education on waste management. [[🔗](#)]
- ❖ Државен завод за статисти на Република Македонија (DZS): Official website of the North Macedonian Statistical Office, which provides data on waste management. [[🔗](#)]

7.11 Further reading and resources

- ❖ **European Environment Agency (EEA)**: reports and statistics on waste management in European countries, including Slovenia, Croatia and North Macedonia. [[🔗](#)]
- ❖ **Zero Waste Europe**: Information on waste reduction policies and strategies in European countries. [[🔗](#)]
- ❖ **United Nations Environment Programme (UNEP)**: Global guidelines and strategies for waste management. [[🔗](#)]

- ❖ **"From Digital Literacies to Digital Problem Solving: Expanding Technology-rich Learning Opportunities for Adults" (Journal Article):** This article looks at different approaches and technologies for adult education. [[🔗](#)]
- ❖ **"Adult learners' needs in online and blended learning" (Journal Article):** This paper describes how the combination of traditional methods and technology can improve learning outcomes for adults. [[🔗](#)]

8. Assessment and evaluation

Assessment and evaluation are key elements of the training process, providing feedback on the progress of participants and the effectiveness of the training programme. Careful planning and implementation of these processes enables educators to adapt teaching methods and content to the needs and achievements of learners. These chapters describe in detail the different approaches to assessment and evaluation and offer practical guidelines for their implementation.

8.1 Purpose and objectives of the evaluation

8.1.1 Purpose of the evaluation

- ❖ **Measuring learners' progress:** assessment allows trainers to monitor learners' progress and assess whether they are achieving their learning objectives.
- ❖ **Identifying needs for adjustments to teaching methods:** assessment helps to identify areas where students need extra help or adjustments to the curriculum.
- ❖ **Feedback:** enables you to provide constructive feedback to students on their achievements and areas for improvement.

8.1.2 Objectives of the evaluation

- ❖ **To determine the level of understanding and knowledge:** measuring how well students understood key concepts and skills related to waste management.
- ❖ **Encouraging self-reflection:** encouraging students to reflect on their learning and identify their own strengths and weaknesses.
- ❖ **Contribute to continuous programme improvement:** evaluation data is used to improve the quality of the educational programme.

8.2 Types of evaluation

8.2.1 Formative assessment

- ❖ **Purpose:** To monitor pupils' progress and provide feedback to adapt lessons.
- ❖ **Methods:** includes online assignments, short tests, quizzes, reflective essays and discussions.
- ❖ **Examples:**

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- ❖ **Short tests and quizzes:** regular short tests to check understanding of key concepts.
- ❖ **Reflective essays:** students write essays about how they have applied their learning in practice.

8.2.2 Summative evaluation

- ❖ **Purpose:** Assesses the overall progress of students at the end of a unit or programme.
- ❖ **Methods:** Includes final exams, projects, presentations and reports.
- ❖ **Examples:**
- ❖ **Final examinations:** written examinations covering all the content of the training programme.
- ❖ **Projects:** group or individual projects involving research and presentation of results.

8.3 Assessment methods

8.3.1 Qualitative methods

- ❖ **Interviews:** in-depth interviews with students, where they express their experiences, understanding and opinions about the learning process.
- ❖ **Observation:** direct observation of students during the activity to gain insight into their skills and behaviour.

8.3.2 Quantitative methods

- ❖ **Surveys and questionnaires:** structured questionnaires measuring different aspects of learning, satisfaction and achievement.
- ❖ **Tests and quizzes:** standardised tests and quizzes that measure students' knowledge and understanding.

8.4 Assessment tools

8.4.1 Digital tools

- ❖ **Moodle:** a platform for creating and delivering online tests, quizzes and assignments. Moodle Documentation
- ❖ **Google Forms:** a tool for creating online questionnaires and collecting data. Google Forms Help

8.4.2 Analytical tools

- ❖ **Google Analytics:** a tool for tracking student interactions with educational content. Google Analytics Academy
- ❖ **Moodle Analytics:** a tool for analysing learning progress and interactions on the Moodle platform. Moodle Analytics Documentation

8.5 Feedback and improvements

8.5.1 Providing feedback

- ❖ **Constructive feedback:** providing feedback that is specific, relevant and improvement-oriented.
- ❖ **Regular feedback:** providing regular feedback to allow ongoing adjustments to teaching methods.

8.5.2 Using data for improvement

- ❖ **Data analysis:** systematic analysis of evaluation data to identify trends and areas for improvement.
- ❖ **Programme adjustments:** based on data analysis, adjust teaching methods, content and activities to increase the effectiveness of the training programme.

8.6 Involving pupils in assessment

8.6.1 Self-assessment

- ❖ **Developing reflective skills:** encouraging students to reflect on their learning and identify their achievements and areas for improvement.
- ❖ **Use of journals and reflective essays:** Encourage pupils to write regular reflective journals and essays on their progress.

8.6.2 Peer evaluation

- ❖ **Group work:** encourage students to work together to evaluate group projects and assignments.
- ❖ **Peer feedback:** students give feedback to their peers, which encourages collaboration and critical thinking.

